



KINDNESS WEEK 2021

OCTOBER 11TH - 15TH

**MON**

kindness to  
**SELF:**

Self care tips  
and wear  
workout  
clothes

**TUES**

kindness to  
**FRIENDS:**

Shout out  
board!

**WED**

kindness to  
**PEERS:**

Stomp out  
Bullying

wear blue and  
take the pledge

**THURS**

kindness to  
**STAFF:**

small gesture  
of  
appreciation  
a note, flower,  
tiny gift

**FRI**

kindness to  
**NEIGHBORS:**

Sock Drive



