

# 2023-2024

## Comprehensive Health Education

### Charleston County School District

*\*Note: This document serves as a compilation of resources and a summary of CCSD's Comprehensive Health Plan.*

Charleston County School District provides a comprehensive health program to meet the needs of every student and to support the [South Carolina Academic Standards for Health and Safety](#). Health instruction supports each student in developing skills for a lifetime of overall well-being. These life skills are aligned with the Profile of the South Carolina Graduate.

Charleston County School District has two governing committees that advise the local school board on issues pertaining to Health Education and Student Health and Fitness.

- The [Comprehensive Health Education Advisory Committee \(HAC\)](#) is designed to assist in the selection of curriculum components and materials. This state mandated committee consists of thirteen members of the community including parents, clergy, health professionals, educators, and students. The committee's main priority is carefully reviewing materials pertaining to reproductive health, family life education, and pregnancy prevention before being approved by the local board and used in the schools.
- The **Coordinated School Health Advisory Council** works with schools within the district to assess and implement school health policies and programs such as Wellness Committees that support schools in implementing policies and initiatives to promote a healthy school environment for students, faculty, and staff. Overall wellness is the top priority. The district council is composed of members from the community, schools, students, parents, district nutritional service employees, and school board members.

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## Elementary Schools (Grades K-5)

Required **time** allocated for health instruction and **topics** addressed in health are defined by the [South Carolina Comprehensive Health Education Act](#) (1988). In addition, CCSD’s Comprehensive Health Education Advisory Committee recommends and CCSD’s Board of Trustees selects **texts** for grades K-5.

In grades K-5 students must receive instruction in comprehensive health education 75 minutes per week for 36 weeks or the equivalent of 45 hours per year.

| Students enrolled in kindergarten through fifth grade receive instruction in the following: |   |
|---|---|
| Community Health  | <p><b>Text &amp; Materials:</b></p> <p>State Adopted Textbook:<br/>The Great Body Shop, 2022 by The Children’s Health Market<br/><a href="https://www.thegreatbodyshop.net/">https://www.thegreatbodyshop.net/</a></p> <p><b>CCSD K-5 Health Education Curriculum:</b></p> <ul style="list-style-type: none"> <li>➤ <a href="#">Scope &amp; Sequence</a></li> <li>➤ <a href="#">Grade Level Overview</a></li> <li>➤ <a href="#">Pacing Guide &amp; Teacher Resources</a></li> </ul> <p><b>Growth &amp; Development:</b></p> <ul style="list-style-type: none"> <li>➤ <a href="#">CCSD Growth &amp; Development: Scope &amp; Sequence</a></li> <li>➤ <a href="#">4th Grade Lesson Plans</a></li> <li>➤ <a href="#">5th Grade Lesson Plans</a></li> <li>➤ <a href="#">Parent Notification Letter</a></li> </ul> <p><b>Erin’s Law Curriculum:</b></p> <ul style="list-style-type: none"> <li>➤ <a href="#">Grades K-3</a></li> <li>➤ <a href="#">Grades 4-6</a></li> </ul> |
| Consumer Health   |   |
| Environmental Health  |   |
| Growth and Development  |   |
| Nutritional Health  |   |
| Personal Health   |   |
| Prevention and Control of Diseases and Disorders  |   |
| Safety and Accident Prevention  |   |
| Dental Health   |   |
| Mental and Emotional Health   |   |
| Sexual Abuse and Assault Awareness and Prevention   |   |

➤ [Second Step](#) K-5

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### Middle Schools (Grades 6-8)

Required **time** allocated for health instruction and **topics** addressed in health are defined by the [South Carolina Comprehensive Health Education Act](#) (2014/1988). CCSD's Comprehensive Health Education Advisory Committee recommends and CCSD's Board of Trustees selects **texts** for grades 6-8.

In **grade 6** students must receive instruction in comprehensive health education totaling the equivalent of 45 hours per year. In **grades 7-8** each school shall provide instruction in a comprehensive health education program in a stand-alone course for either 250 minutes a week for 9 weeks or for five 50-minute classes per week for 9 weeks.

| Students enrolled in grades six through eight receive instruction in the following: |   |
|---|---|
| Community Health  | <b>Text &amp; Materials:</b><br><br>State Adopted Textbook:<br>GoodHeart-Willcox, Essential Health for Middle School, 2021<br><br><a href="https://www.g-w.com/health-pe">https://www.g-w.com/health-pe</a><br><br><b>Middle School Health Education Curriculum:</b><br>➤ <a href="#">Pacing Guide</a> & Teacher Resources<br><br><b>Growth &amp; Development Curriculum:</b><br>➤ <a href="#">CCSD Growth &amp; Development Scope &amp; Sequence (K-9)</a> |
| Consumer Health   |   |
| Environmental Health  |   |
| Growth and Development  |   |
| Nutritional Health  |   |
| Personal Health   |   |
| Prevention and Control of Diseases and Disorders                                    |   |
| Safety and Accident Prevention  |   |
| Substance Use and Abuse (including Alcohol, Tobacco, and Opioids)                   |   |

|   |   |
|---|---|
| Dental Health   | <ul style="list-style-type: none"> <li>➤ <a href="#">6th Grade Lesson Plans</a></li> <li>➤ <a href="#">7th Grade Lesson Plans</a></li> <li>➤ <a href="#">8th Grade Lesson Plans</a></li> <li>➤ <a href="#">Growth &amp; Development Education Curriculum Options</a></li> <li>➤ <a href="#">Parent/Guardian Letter</a></li> </ul> |
| Mental and Emotional Health   |   |
| Sexual Abuse and Assault Awareness and Prevention   |   |
| Domestic Abuse  |   |
| Reproductive Health & Sexually Transmitted Diseases   |   |
| <p><b>Erin's Law Curriculum:</b><br/> <a href="#">Grade 6</a><br/> <a href="#">Grades 7-8</a></p> |   |

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### High Schools (Grades 9-12)

Required **time** allocated for health instruction and **topics** addressed in health are defined by the [South Carolina Comprehensive Health Education Act](#) (2014/1988). CCSD's Comprehensive Health Education Advisory Committee recommends and CCSD's Board of Trustees selects **texts** for grades 9-12.

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|---|---|
| <b>At least one time in grades 9-12, students receive instruction in the following:</b> |   |
| Community Health  | <p><b>Text &amp; Materials:</b></p> <p>State Adopted Textbook:<br/> GoodHeart-Willcox, Essential Health, 2021</p> <p><a href="https://www.g-w.com/health-pe">https://www.g-w.com/health-pe</a></p> <p><b>High School Health Education Curriculum:</b></p> <ul style="list-style-type: none"> <li>➤ <a href="#">Pacing Guide`</a></li> </ul> |
| Consumer Health   |   |
| Environmental Health  |   |
| Growth and Development  |   |
| Nutritional Health  |   |
| Personal Health   |   |
| Prevention and Control of Diseases  |   |

|  |   |
|--|---|
| <b>and Disorders</b>   | <b>Reproductive Health Curriculum:</b> <ul style="list-style-type: none"> <li>➤ <a href="#">CCSD Growth &amp; Development Scope &amp; Sequence (K-9)</a></li> <li>➤ <a href="#">High School Lesson Plans</a></li> <li>➤ <a href="#">Growth &amp; Development Education Curriculum Options</a></li> <li>➤ <a href="#">Parent/Guardian Letter</a></li> </ul><br><b>Erin's Law Curriculum:</b> <ul style="list-style-type: none"> <li>➤ <a href="#">Grades 9-12</a></li> </ul> |
| <b>Safety and Accident Prevention</b>  |   |
| <b>Cardiopulmonary Resuscitation; Hands Only CPR &amp; AED Training</b>                                    |   |
| <b>Substance Use and Abuse (including Alcohol, Tobacco, and Opioids)</b>                                   |   |
| <b>Dental Health</b>   |   |
| <b>Mental and Emotional Health</b>   |   |
| <b>Sexual Abuse and Assault Awareness and Prevention</b>   |   |
| <b>Domestic Abuse</b>  |   |
| <b>Reproductive Health, Sexually Transmitted Diseases, Pregnancy, &amp; Pregnancy Prevention Education</b> |   |

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