



October 2018 Supper Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
1 Charleston Chicken Sandwich on WG Bun Baked Beans Pear White & Chocolate FF Milk	2 Salisbury Steak w/ Gravy Brown Rice Fresh Celery w/ Ranch Packet Orange White & Chocolate FF Milk	3 Homemade Macaroni & Cheese Steamed Broccoli Granny Smith Apple White & Chocolate FF Milk	4 Beef Empanadas w/ Spanish Rice Steamed Corn Pear White & Chocolate FF Milk	5 Cheese Pizza Slice Baby Carrots w/ Ranch Packet Raisins White & Chocolate FF Milk
8 Cheddar Burger on WG Bun Baked Beans Pear White & Chocolate FF Milk	9 Chicken & Waffles Fresh Celery w/ Ranch Packet Orange White & Chocolate FF Milk	10 Meatloaf w/ Tomato Topping WG Garlic Texas Toast Mashed Potatoes Granny Smith Apple White & Chocolate FF Milk	11 Grilled Cheese Sandwich Steamed Broccoli Pear White & Chocolate FF Milk	12 Pepperoni Pizza Slice Baby Carrots w/ Ranch Packet Raisins White & Chocolate FF Milk
15 Teriyaki Chicken w/ Brown Rice Fresh Celery w/ Ranch packet Pear White & Chocolate FF Milk	16 BBQ Pulled Pork on WG Ciabatta Baked Beans Orange White & Chocolate FF Milk	17 Four Cheese Lasagna Steamed Broccoli Granny Smith Apple White & Chocolate FF Milk	18 Sausage & Waffles Steamed Corn Pear White & Chocolate FF Milk	19 Cheese Pizza Slice Baby Carrots w/ Ranch Packet Raisins White & Chocolate FF Milk
22 Charleston Chicken Sandwich on WG Bun Baked Beans Pear White & Chocolate FF Milk	23 Salisbury Steak w/ Gravy Brown Rice Fresh Celery w/ Ranch Packet Orange White & Chocolate FF Milk	24 Homemade Macaroni & Cheese Steamed Broccoli Granny Smith Apple White & Chocolate FF Milk	25 Beef Empanadas w/ Spanish Rice Steamed Corn Pear White & Chocolate FF Milk Early Release Day/Teacher Workday	26 NO SCHOOL Family Data Conferences
29 Cheddar Burger on WG Bun Baked Beans Pear White & Chocolate FF Milk	30 Chicken & Waffles Fresh Celery w/ Ranch Packet Orange White & Chocolate FF Milk	31 Happy Halloween!  Meatloaf w/ Tomato Topping WG Garlic Texas Toast Mashed Potatoes Granny Smith Apple White & Chocolate FF Milk		Charleston <small>excellence is our standard</small> County SCHOOL DISTRICT

Water available upon request.



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Nutrition Services
Charleston County
School District

843-566-8180

www.ccsdschools.com