




# November 2018

## Early Head Start, Head Start, & CD BIC/Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
			1  Cinnamon Pancakes Mandarin Oranges (EHS) Gala Apple (HS/CD)	2  Homemade Chicken Biscuit Dried Fruit
5  Cinnamon Chex (GF) Cheesestick Diced Pears (EHS) Pear (HS/CD)	6  <b>NO SCHOOL</b>  	7  Honey Nut Cheerios Strawberry Banana Yogurt Raisins	8  French Toast Sticks 100% Apple Juice	9  Mini Blueberry Muffin Vanilla Yogurt Dried Fruit
12  Cinnamon Chex (GF) Cheesestick Diced Pears (EHS) Pear (HS/CD)	13  Blueberry Pancakes Applesauce (EHS) Red Apple (HS/CD)	14  Honey Nut Cheerios Strawberry Banana Yogurt Raisins	15  Breakfast Grilled Cheese Mandarin Oranges (EHS) Gala Apple (HS/CD)	16  Banana Muffin Vanilla Yogurt Dried Fruit
19  Cinnamon Chex (GF) Cheesestick Diced Pears (EHS) Pear (HS/CD)	20  Breakfast Grilled Cheese Applesauce (EHS) Red Apple (HS/CD)	21    <b>No School Fall Break</b>	22    <b>No School Fall Break</b>	23    <b>No School Fall Break</b>
26  Apple Cinnamon Cheerios Cheesestick Diced Pears (EHS) Pear (HS/CD)	27  French Toast Sticks Applesauce (EHS) Red Apple (HS/CD)	28  Blueberry Muffin Strawberry Banana Yogurt Raisins	29  Cinnamon Pancakes Mandarin Oranges (EHS) Gala Apple (HS/CD)	30  Homemade Chicken Biscuit Dried Fruit

Formula/breast milk, baby food, baby cereal, & transitional foods provided upon request.

Milk served daily with lunch.  
1-2 year old Whole White Milk  
2-5 years White Skim Milk

GF –Gluten Free

EHS –Early Head Start  
HS/CD Head Start/ Child Development



*Nutrition Services  
Charleston County  
School District*

**843-566-8180**

[www.ccsdschools.com](http://www.ccsdschools.com)

Fat free white and chocolate milk and a variety of fresh seasonal fruits are offered daily in addition to the items listed.

CCSD is an equal opportunity provider and employer.

Make payments easily & safely using [k12paymentcenter.com](http://k12paymentcenter.com)