



November 2018 Mid-Morning Snack Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
 1 .75oz WG Pretzel Goldfish 4oz Applesauce			2 2oz Blueberry Muffin 4oz Mandarin Oranges	
5 2oz Blueberry Muffin 4oz Mandarin Oranges	6 NO SCHOOL 	7 75oz WG Cheddar Goldfish 4oz Applesauce	8 4oz Vanilla Yogurt 1oz Granola	9 1.2oz WG Breadstick 2.5oz Marinara Cup
12 4oz Strawberry Banana Yogurt 1oz Granola	13 .75oz WG Cheddar Goldfish 4oz Applesauce	14 1.2oz WG Breadstick 2.5oz Marinara Cup	15 1oz Cinnamon Chex 1oz Cheesestick	16 1oz Animal Crackers 4oz Pineapple Tidbits
19 2oz Blueberry Muffin 4oz Mandarin Oranges	20 1oz Cinnamon Chex 1oz Cheesestick	21  No School Fall Break	22  No School Fall Break	23  No School Fall Break
26 1.2oz WG Breadstick 2.5oz Marinara Cup	27 4oz Strawberry Yogurt 1oz Granola	28 1oz Animal Crackers 4oz Pineapple Tidbits	29 .75oz WG Pretzel Goldfish 4oz Applesauce	30 2oz Blueberry Muffin 4oz Mandarin Oranges



*Nutrition Services
Charleston County
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