





January Mid-Morning Snack Menu



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | Friday |
|---|--|---|--|--|
|  | 1 Winter Break No School | 2 Winter Break No School | 3 Winter Break No School | 4 Teacher Workday No School |
| 7 2oz Blueberry Muffin 4oz Mandarin Oranges | 8 1oz Cinnamon Chex 1oz Cheesestick | 9 75oz WG Cheddar Goldfish 4oz Applesauce | 10 4oz Vanilla Yogurt 1oz Granola | 11 1.2oz WG Breadstick 2.5oz Marinara Cup |
| 14 4oz Strawberry Banana Yogurt 1oz Granola | 15 .75oz WG Cheddar Goldfish 4oz Applesauce | 16 1.2oz WG Breadstick 2.5oz Marinara Cup | 17 1oz Cinnamon Chex 1oz Cheesestick | 18 1oz Animal Crackers 4oz Pineapple Tidbits <i>Early Release Day for Students</i> |
| 21 No School  | 22 4oz Strawberry Yogurt 1oz Granola | 23 1oz Animal Crackers 4oz Pineapple Tidbits | 24 .75oz WG Pretzel Goldfish 4oz Applesauce | 25 2oz Blueberry Muffin 4oz Mandarin Oranges |
| 28 2oz Blueberry Muffin 4oz Mandarin Oranges | 29 1oz Cinnamon Chex 1oz Cheesestick | 30 75oz WG Cheddar Goldfish 4oz Applesauce | 31 4oz Vanilla Yogurt 1oz Granola | |



**Nutrition Services
Charleston County
School District**

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