



February 2019 Supper Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
				1 Cheese Pizza Slice Steamed Corn Raisins White & Chocolate FF Milk
4 Charleston Chicken Sandwich on WG Bun Baked Beans Pear White & Chocolate FF Milk	5 Salisbury Steak w/ Gravy Brown Rice Fresh Celery w/ Ranch Packet Steamed Green Beans (EHS) Orange White & Chocolate FF Milk	6 Homemade Macaroni & Cheese Steamed Broccoli Granny Smith Apple White & Chocolate FF Milk	7 Beef Empanadas w/ Spanish Rice Baby Carrots w/ Ranch Packet Steamed Carrots (EHS) Pear White & Chocolate FF Milk	8 Cheese Pizza Slice Steamed Corn Raisins White & Chocolate FF Milk
11 Cheddar Burger on WG Bun Steamed Broccoli Pear White & Chocolate FF Milk	2 Chicken & Waffles Fresh Celery w/ Ranch Packet Steamed Green Beans (EHS) Orange White & Chocolate FF Milk	13 Meatloaf w/ Tomato Topping WG Garlic Texas Toast Mashed Potatoes Granny Smith Apple White & Chocolate FF Milk	14 Happy Valentine's Day!  Grilled Cheese Sandwich Baked Beans Pear White & Chocolate FF Milk	15  No School For Students
18 Teriyaki Chicken w/ Brown Rice Fresh Celery w/ Ranch Packet Steamed Green Beans (EHS) Pear White & Chocolate FF Milk	19 BBQ Pulled Pork on WG Ciabatta Baked Beans Orange White & Chocolate FF Milk	20 Four Cheese Lasagna Steamed Broccoli Granny Smith Apple White & Chocolate FF Milk	21 Sausage & Waffles Baby Carrots w/ Ranch Packet Steamed Carrots (EHS) Pear White & Chocolate FF Milk	22 Cheese Pizza Slice Steamed Corn Raisins White & Chocolate FF Milk
25 Charleston Chicken Sandwich on WG Bun Baked Beans Pear White & Chocolate FF Milk	26 Salisbury Steak w/ Gravy Brown Rice Fresh Celery w/ Ranch Packet Steamed Green Beans (EHS) Orange White & Chocolate FF Milk	27 Homemade Macaroni & Cheese Steamed Broccoli Granny Smith Apple White & Chocolate FF Milk	28 Beef Empanadas w/ Spanish Rice Baby Carrots w/ Ranch Packet Steamed Carrots (EHS) Pear White & Chocolate FF Milk	

Water available upon request.



EHS – Early Head Start

**Nutrition Services
Charleston County
School District**

843-566-8180

www.ccsdschools.com

