



February 2019 Middle/High Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
				1 Beef and/or Cheese (V) Nacho Bar* Chicken & Waffles Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Gala Apple
4 Chicken Tenders w/Fries Charleston Chicken Sandwich* w/Fries Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Granny Smith Apple	5 Bacon Cheeseburger* w/Fries General Tso's Chicken w/ Brown Rice Yogurt Parfait Basket (V) 100% Apple Juice Pear	6 Charleston Chicken Sandwich* w/Fries Homemade Grilled Cheddar Cheese Sandwich w/ Fries (V) Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Orange	7 Orange Chicken w/ Brown Rice Mini Corn Dog Pups w/ Fries Yogurt Parfait Basket (V) 100% Fruit Punch Juice Banana	8 Beef and/or Cheese (V) Nacho Bar* Meatball Marinara Rotini Bowl (V/O) Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Gala Apple
11 Chicken Tenders w/ Fries Sunrise Slammer Sandwich w/ Fries Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Granny Smith Apple	12 All Natural Beef Hot Dog w/Fries General Tso's Chicken w/ Brown Rice Yogurt Parfait Basket (V) 100% Apple Juice Pear	13 Charleston Chicken Sandwich* w/ Fries Cheesy French Bread w/ Marinara (V) Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Orange	14 Happy Valentine's Day!  Orange Chicken w/ Brown Rice Chicken, Bacon, & Cheddar Ciabatta w/ Fries* Yogurt Parfait Basket (V) 100% Fruit Punch Juice, Banana	15  No School For Students
18 Chicken Tenders w/Fries Beef Tornadoes w/ Queso Blanco Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Granny Smith Apple	19 Bacon Cheeseburger* w/Fries General Tso's Chicken w/ Brown Rice Yogurt Parfait Basket (V) 100% Apple Juice Pear	20 Charleston Chicken Sandwich* w/Fries Mashed Potato Bar (V/O) Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Orange	21 Orange Chicken w/ Brown Rice Salisbury Steak w/ Mashed Potatoes & Texas Toast Yogurt Parfait Basket (V) 100% Fruit Punch Juice Banana	22 Beef and/or Cheese (V) Nacho Bar* Chicken & Waffles Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Gala Apple
25 Chicken Tenders w/Fries Chicken, Bacon, & Cheddar Ciabatta w/ Fries* Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Granny Smith Apple	28 Bacon Cheeseburger* w/Fries General Tso's Chicken w/ Brown Rice Yogurt Parfait Basket (V) 100% Apple Juice Pear	27 Charleston Chicken Sandwich* w/Fries Homemade Grilled Cheddar Cheese Sandwich w/ Fries (V) Yogurt Parfait Basket (V) Zee Zee's Dried Fruit Orange	28 Orange Chicken w/ Brown Rice Mini Corn Dog Pups w/ Fries Yogurt Parfait Basket (V) 100% Fruit Punch Juice Banana	

Offered Daily:
 Assorted Fruit,
 Celery, Carrots,
 Side Salad, & Hummus

***Toppings Bar**

(V) Vegetarian
 (V/O) Vegetarian Option

**Premium Meals
 Offered Daily
 \$3.50**

~ Chicken Wings w/
 Texas Toast

~ Pizza Bar (V/O)

Lunch Meal Price:

K-12 \$2.25
Reduced \$.40
Adult \$3.75
Milk \$.50

**Nutrition Services
 Charleston County
 School District**

843-566-8180

www.ccsdschools.com

Fat free white and chocolate milk and a variety of fresh seasonal fruits are offered daily in addition to the items listed.

CCSD is an equal opportunity provider and employer.

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