



December 2018

Early Head Start, Head Start, & CD BIC/Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
3 Cinnamon Chex (GF) Cheesestick Diced Pears (EHS) Pear (HS/CD)	4 Breakfast Grilled Cheese Applesauce (EHS) Red Apple (HS/CD)	5 Honey Nut Cheerios Strawberry Banana Yogurt Raisins	6 French Toast Sticks 100% Apple Juice	7 Mini Blueberry Muffin Vanilla Yogurt Dried Fruit
10 Cinnamon Chex (GF) Cheesestick Diced Pears (EHS) Pear (HS/CD)	11 Blueberry Pancakes Applesauce (EHS) Red Apple (HS/CD)	12 Honey Nut Cheerios Strawberry Banana Yogurt Raisins	13 Breakfast Grilled Cheese Mandarin Oranges (EHS) Gala Apple (HS/CD)	14 Banana Muffin Vanilla Yogurt Dried Fruit
17 Apple Cinnamon Cheerios Cheesestick Diced Pears (EHS) Pear (HS/CD)	18 French Toast Sticks Applesauce (EHS) Red Apple (HS/CD)	19 Blueberry Muffin Strawberry Banana Yogurt Raisins	20 Cinnamon Pancakes Mandarin Oranges (EHS) Gala Apple (HS/CD)	21 Homemade Chicken Biscuit Dried Fruit Half Day for Students
24 Happy Holidays!  Winter Break No School 31	25 Happy Holidays!  Winter Break No School	26 Happy Holidays!  Winter Break No School	27 Happy Holidays!  Winter Break No School	28 Happy Holidays!  Winter Break No School

Formula/breast milk,
baby food, baby
cereal, & transitional
foods provided upon
request.

**Milk served daily
with lunch.**
1-2 year old Whole White
Milk
2-5 years White Skim Milk

GF –Gluten Free
EHS –Early Head Start
HS/CD Head Start/ Child
Development



**Nutrition Services
Charleston County
School District**

843-566-8180

www.ccsdschools.com

Charleston *excellence is our standard*
County SCHOOL DISTRICT