



December 2018 Breakfast in the Classroom Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
3 Cinnamon Toast Crunch Cereal or Cinnamon Chex (GF) Cheesestick Zee Zee's Dried Fruit Orange	4 Breakfast Grilled Cheese 100% Grape Juice Gala Apple	5 Blueberry Nutrigrain Bar Strawberry Banana Yogurt Pear	6 French Toast Sticks 100% Apple Juice Orange	7 Mini Blueberry Muffin Vanilla Yogurt Banana
10 Cinnamon Toast Crunch Cereal or Cinnamon Chex (GF) Cheesestick Zee Zee's Dried Fruit Orange	11 Blueberry Pancakes 100% Grape Juice Gala Apple	12 Blueberry Nutrigrain Bar Strawberry Banana Yogurt Pear	13 Breakfast Grilled Cheese 100% Apple Juice Orange	14 Mini Banana Muffin Vanilla Yogurt Banana
17 Apple Cinnamon Cheerios or Cinnamon Chex (GF) Cheesestick Zee Zee's Dried Fruit Orange	18 French Toast Sticks 100% Grape Juice Gala Apple	19 Blueberry Nutrigrain Bar Strawberry Banana Yogurt Pear	20 Cinnamon Pancakes 100% Apple Juice Orange	21 Homestyle Chicken Biscuit 100% Fruit Punch Juice Banana Half Day for Students
24 <i>Happy Holidays!</i>  Winter Break No School 31	25 <i>Happy Holidays!</i>  Winter Break No School	26 <i>Happy Holidays!</i>  Winter Break No School	27 <i>Happy Holidays!</i>  Winter Break No School	28 <i>Happy Holidays!</i>  Winter Break No School

Breakfast Meal Price:

- K-12** \$1.40
- Reduced** \$.30
- Adult** \$2.25
- Milk** \$.50



Eating a healthy breakfast before starting the school day is linked to improved concentration, better test scores, increased energy, and a higher intake of vitamins and minerals. Breakfast is especially important for young students whose brains use up about half of the body's energy.

GF- Gluten Free

**Nutrition Services
Charleston County
School District**

843-566-8180

www.ccsdschools.com

Charleston County SCHOOL DISTRICT
excellence is our standard

Fat free white and chocolate milk and a variety of fresh seasonal fruits are offered daily in addition to the items listed.
CCSD is an equal opportunity provider and employer.

Make payments easily & safely using k12paymentcenter.com.