





October 2017 Middle/High Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
2 Orange Chicken Baked Fried Rice Fresh Broccoli & Carrot Sticks Fortune Cookie Fresh Orange	3 Toasted Hormel Ham & Cheddar Sandwich Broccoli Soup Roasted Rosemary Potato Wedges Fresh Broccoli & Carrot Sticks Red Apple	4 Meatball Marinara: Over Rotini w/ Garlic Breadstick or As a Meatball Sub Romaine Side Salad Fresh Broccoli & Carrot Sticks Fresh Strawberries	5 Baked Chicken Tortellini Salad Romaine Side Salad Fresh Broccoli & Carrot Sticks Banana	6 Glenview Farms Cheddar Burger Corn on the Cob Homemade Pickles Fresh Broccoli & Carrot Sticks Fresh Plum
9 Teriyaki Chicken Baked Fried Rice Sliced Cucumber & Grape Tomatoes Fortune Cookie Fresh Orange	10 Bacon Alfredo w/ Rotini & Grilled Chicken Romaine Side Salad Garlic Breadstick Sliced Cucumber & Grape Tomatoes Red Apple	11 Brookwood Farms Pulled Pork BBQ (choice of Mustard or BBQ Sauces) Macaroni Salad Sliced Cucumber & Grape Tomatoes Fresh Strawberries	12 Homemade Macaroni and Cheese Broccoli Salad Sliced Cucumber & Grape Tomatoes Banana	13 Chicken & Cheese Quesadilla w/Sriracha Ranch Sauce Corn & Black Bean Salad Sliced Cucumber & Grape Tomatoes Pico de Gallo Fresh Plum
16 Brunch: Scrambled Cheese Eggs Bacon or Sausage Biscuit or Grits Warm Cinnamon Apples Fresh Carrot & Celery Sticks Fresh Orange	17 Beef Nacho Bar w/ Queso Blanco Fiesta Corn Shredded Romaine, Shredded Cheese, Sour Cream, Black Olives, & Jalapeños Fresh Carrot & Celery Sticks Red Apple	18 Chicken & Waffles w/ Syrup Warm Cinnamon Apples Quinoa Salad Fresh Carrot & Celery Sticks Fresh Strawberries	19 Salisbury Steak w/ Gravy Garlic Mashed Red Potatoes Garlic Breadstick Steamed Broccoli Fresh Carrot & Celery Sticks Banana Early Release Day	20 Family Data Conferences No School
23 Orange Chicken Baked Fried Rice Fresh Broccoli & Carrot Sticks Fortune Cookie Fresh Orange	24 Toasted Hormel Ham & Cheddar Sandwich Broccoli Soup Roasted Rosemary Potato Wedges Fresh Broccoli & Carrot Sticks Red Apple	25 Meatball Marinara: Over Rotini w/ Garlic Breadstick or As a Meatball Sub Romaine Side Salad Fresh Broccoli & Carrot Sticks Fresh Strawberries Report Cards	26 Baked Chicken Tortellini Salad Romaine Side Salad Fresh Broccoli & Carrot Sticks Banana	27 Glenview Farms Cheddar Burger Corn on the Cob Homemade Pickles Fresh Broccoli & Carrot Sticks Fresh Plum
30 Teriyaki Chicken Baked Fried Rice Sliced Cucumber & Grape Tomatoes Fortune Cookie Fresh Orange	31 Bacon Alfredo w/ Rotini & Grilled Chicken Romaine Side Salad Garlic Breadstick Sliced Cucumber & Grape Tomatoes Red Apple			

SCHOOL NEWS

Offered Daily with Fresh
Cut Vegetables:
Homemade Ranch,
Homemade Honey Mustard,

Hummus, and Pimento
Cheese

Also Available Daily:

Chicken Smackers
Charleston Chicken
Sandwich:
(Spicy & Original)

Cheeseburger
Personal Pan Pizza:
(Cheese, Pepperoni or
Specialty)

Chicken Wings

*Asian Line

*Calzone

*Not Available in All Schools

Garden Salad w/
Grilled Chicken & Cheese

PB&J w/ Cheese Stick

Lunch Meal Price:

K-12 \$2.25

Reduced \$.40

Adult \$3.75

Milk \$.50

Nutrition Services
Charleston County
School District
843-566-8180

www.ccsdschools.com

White and chocolate milk and a variety of fresh seasonal fruits and vegetables are offered daily in addition to the items listed.

CCSD is an equal opportunity provider and employer.

Make payments easily & safely using k12paymentcenter.com.