



**NOVEMBER**

**MIDDLE & HIGH LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday								
<p>11/2 Chicken Fajitas w/Toppings Pinto Beans Juice or Canned Fruit Milk</p>	<p>11/3 Salisbury Steak w/ Gravy, Mashed Potatoes Fresh Fruit, Juice or Canned Fruit Milk</p>	<p>11/4 Spaghetti w/ Meat Sauce, Tossed Salad Whole Wheat Breadstick Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>11/5 Cheese Pizza Corn on the Cob Fruited Jello Fresh Fruit Milk</p>	<p>11/6 Fish Fillet Sandwich w/Lettuce &amp; Tomato or Manager's Choice Entrée, Mixed Vegetables, Fresh Fruit, Juice or Canned Fruit Milk</p>								
<p>11/9 Chicken Nuggets Mashed Potatoes w/Gravy Whole Wheat Breadstick Fresh Fruit or Peach Cup, Milk</p>	<p>11/10 Hamburger w/Lettuce &amp; Tomato Potato Wedges Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>11/11 Chicken Parmesan w/Noodles &amp; Marinara Sauce, Steamed Broccoli, Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>11/12 Nachos w/ Taco Meat Lettuce/Tomato/Salsa/Cheese, Pinto Beans, Fresh Fruit Juice or Canned Fruit Milk</p>	<p>11/13 Cheese Pizza or Manager's Choice Entrée, Corn on the Cob Fruited Jello Fresh Fruit, Milk</p>								
<p>10/16 Chicken &amp; Rice Steamed Broccoli Fresh Fruit &amp; Fruit Cup, Milk</p>	<p>10/17 Beefaroni Tossed Salad Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>10/18 Breaded Chicken Sandwich w/Lettuce &amp; Tomato Broccoli Medley w/Cheese Sauce Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>10/19 Turkey w/Dressing &amp; Gravy Yams Collard Greens or Green Beans Cranberry Sauce Peach Crisp Milk</p> 	<p>10/20 Fish Nuggets or Manager's Choice Entrée, Coleslaw Cornbread Fresh Fruit Juice or Canned Fruit, Milk</p>								
<p>11/23 Chicken Fingers Corn on the Cob Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>11/24 Beef Teriyaki Bites Brown Rice, Steamed Cabbage Fresh Fruit Juice or Canned Fruit, Milk</p>	<p><b>November 25<sup>th</sup> – 27<sup>th</sup></b> <b>Thanksgiving Holiday Break – Schools Closed</b></p>										
<p>11/30 Chicken Fajitas w/Toppings Pinto Beans, Fresh Fruit Juice or Canned Fruit, Milk</p>		<p style="text-align: center;"><u>LUNCH MEAL PRICES</u></p> <table style="margin-left: auto; margin-right: auto;"> <tr> <td>K-12</td> <td>\$ 2.00</td> </tr> <tr> <td>Reduced</td> <td>\$ .40</td> </tr> <tr> <td>Adult</td> <td>\$ 3.25</td> </tr> <tr> <td>Milk</td> <td>\$ .50</td> </tr> </table> <p style="text-align: right;">Whole Grain Cereals, Low Fat Yogurt, Whole Grain Muffins or Bagels will be Offered Daily for Breakfast.</p> <p style="text-align: right;">Fresh Fruit or Vegetables and Assorted Juices will be Offered Daily for Breakfast &amp; Lunch.</p> <p style="text-align: right;">Low Fat Chef's Salad will be offered Daily as a Second Lunch Entrée.</p> <p style="text-align: right;">A choice of 1% White or Chocolate Skim Milk is offered daily for Breakfast and Lunch.</p>			K-12	\$ 2.00	Reduced	\$ .40	Adult	\$ 3.25	Milk	\$ .50
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