

**FEBRUARY**

**MIDDLE & HIGH LUNCH**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>1</p> <p>Chicken Nuggets Mashed Potatoes w/Gravy Whole Wheat Breadstick Fresh Fruit Or Fruit Cup, Milk</p>	<p>2</p> <p>Hamburger w/Lettuce &amp; Tomato Potato Wedges Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>3</p> <p>Nacho's w/Taco Meat Pinto Beans Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>4</p> <p>Baked or BBQ Chicken Macaroni &amp; Cheese Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>5</p> <p>Teriyaki Bites Or Manager's Choice Entrée Brown Rice Steamed Cabbage Fresh Fruit Juice or Canned Fruit, Milk</p>
<p>8</p> <p>Chicken &amp; Rice Steamed Broccoli Fresh Fruit &amp; Fruit Cup Milk</p>	<p>9</p> <p>Beefaroni Tossed Salad Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>10</p> <p>Cheese Pizza Corn on the cob Fruited Jell-O Fresh Fruit, Milk</p>	<p>11</p> <p>Chicken Parmesan w/Noodles &amp; Marinara Sauce Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>12</p> <p>Fish Nuggets Or Manager's Choice Entrée Coleslaw Cornbread, Fresh Fruit Juice or Canned Fruit, Milk</p>
<p>15</p> <p><b>Holiday</b> <b>President's Day</b></p> 	<p>16</p> <p>Chicken Sandwich on Wheat w/Lettuce &amp; Tomato Broccoli Medley w/Cheese Sauce Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>17</p> <p><b>Breakfast For Lunch:</b> Scrambled Eggs, Turkey Sausage Grits, Toast Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>18</p> <p>Sliced Turkey w/Gravy Mashed Potatoes Whole Wheat Breadstick Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>19</p> <p>Hot Dog on Wheat w/Chili Or Manager's Choice Entrée Baked Beans Fresh Fruit Juice or Canned Fruit, Milk</p>
<p>22</p> <p>Chicken Fajita's w/toppings Pinto Beans Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>23</p> <p>Cheese Pizza Mixed Vegetables Fresh Fruit &amp; Fruit Cup Milk</p>	<p>24</p> <p>Spaghetti w/Meat Sauce Tossed Salad Whole Wheat Breadstick Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>25</p> <p>Baked or BBQ Chicken Brown Rice Fresh Fruit Juice or Canned Fruit, Milk</p>	<p>26</p> <p>Salisbury Steak w/Gravy Or Manager's Choice Entrée Mashed Potatoes Fresh Fruit Juice or Canned Fruit, Milk</p>
<p><b>LUNCH MEAL PRICES</b></p> <p>K-12 \$ 2.00 Reduced \$ .40 Adult \$ 3.25 Milk \$ .50</p>	<p>Whole Grain Cereals, Low Fat Yogurt, Whole Grain Muffins or Bagels will be Offered Daily for Breakfast.</p> <p>Fresh Fruit or Vegetables and Assorted Juices will be Offered Daily for Breakfast &amp; Lunch.</p> <p>Low Fat Chef's Salad will be offered Daily as a Second Lunch Entrée.</p> <p>A choice of 1% White or Chocolate Skim Milk is offered daily for Breakfast and Lunch.</p>			 <p>Fish will be offered every Friday from 2/19 – 4/2 in observance of Lent.</p>