



**JANUARY**

**ELEMENTARY LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Cereals, Low Fat Yogurt, Whole Grain Muffins or Bagels will be Offered Daily for Breakfast.</p> <p>Fresh Fruit or Vegetables and Assorted Juices will be Offered Daily for Breakfast &amp; Lunch.</p> <p>Low Fat Chef's Salad will be offered Daily as a Second Lunch Entrée.</p> <p>A choice of 1% White or Chocolate Skim Milk is offered daily for Breakfast and Lunch.</p>			<p><u>LUNCH MEAL PRICES</u>                      K-12 \$ 2.00                      Reduced \$ .40                      Adult \$ 3.25                      Milk \$ .50</p>	<p>1 <b>HAPPY NEW YEAR</b> <b>2010</b></p> 
<p>4  <i>Chicken Little Chicken Nuggets</i>  <i>Mashed Potatoes w/Gravy</i>  <i>Glazed Carrots</i>  <i>Whole Wheat Breadstick</i>  <i>Fresh Fruit Or Fruit Cup, Milk</i></p>	<p>5  <i>Hamburger w/Lettuce &amp; Tomato</i>  <i>Wow! Wow! Wubbzy Potato Wedges</i>  <i>Green Beans</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>6  <i>Dora The Explorer Nacho's</i>  <i>w/Taco Meat, Boots Pinto Beans</i>  <i>Swiper The Fox Mexicali Corn</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>7  <i>Batman 's Baked or BBQ Chicken</i>  <i>Macaroni &amp; Cheese, Lima Beans</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>8  <i>Kai-Lan Teriyaki Bites Or</i>  <i>Manager's Choice Entrée</i>  <i>Rintoo Brown Rice</i>  <i>Hoho Steamed Cabbage</i>  <i>Peas, Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>
<p>11  <i>Little Bill's Chicken &amp; Rice</i>  <i>Steamed Broccoli</i>  <i>Bugs Bunny Carrot Sticks</i>  <i>w/dip</i>  <i>Fresh Fruit &amp; Fruit Cup, Milk</i></p>	<p>12  <i>Scooby Doo Beefaroni</i>  <i>Thelma Tossed Salad</i>  <i>Shaggy Green Beans</i>  <i>Fresh Fruit</i>  <i>Juice or canned Fruit, Milk</i></p>	<p>13  <i>Charlie Brown's Cheese Pizza</i>  <i>Corn on the cob</i>  <i>Tossed Salad, Fruited Jell-O</i>  <i>Fresh Fruit, Milk</i></p>	<p>14  <b>Teacher Workday</b>  <b>No Students</b></p>	<p>15  <b>Professional Development Day</b>  <b>No Students</b></p>
<p>18  <b>Holiday</b>  <b>MLK Jr. Day</b></p> 	<p>19  <i>The Backyardigans Breaded Chicken</i>  <i>Sandwich w/Lettuce &amp; Tomato</i>  <i>Broccoli Medley w/Cheese Sauce</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>20  <b>Breakfast For Lunch:</b>  <i>Scrambled Eggs, Turkey Sausage</i>  <i>Grits, Toast</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>21  <i>Yo Gabba Gabba! Sliced Turkey</i>  <i>w/Gravy, Muno Mashed Potatoes</i>  <i>Toodee Turnip Greens</i>  <i>Brobee Whole Wheat Breadstick</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>22  <i>Hot Dog on Wheat w/Chili Or</i>  <i>Manager's Choice Entrée</i>  <i>Baked Beans, Coleslaw</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>
<p>25  <i>Diego's Chicken Fajita's</i>  <i>w/toppings</i>  <i>Click the Camera Pinto Beans</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>26  <i>Charlie Brown's Cheese Pizza</i>  <i>Mixed Vegetables, Tossed Salad</i>  <i>Fresh Fruit &amp; Fruit Cup</i>  <i>Milk</i></p>	<p>27  <b>SUPER WHY!</b> <i>Spaghetti w/Meat Sauce</i>  <i>Tossed Salad, Steamed Broccoli</i>  <i>Whole Wheat Breadstick</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>28  <i>Batman's Baked or BBQ Chicken</i>  <i>Brown Rice, Green Beans</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>	<p>29  <i>Popeye's Salisbury Steak w/Gravy</i>  <i>Or Manager's Choice Entrée</i>  <i>Mashed Potatoes, Succotash</i>  <i>Fresh Fruit</i>  <i>Juice or Canned Fruit, Milk</i></p>