

**DECEMBER**

**BREAKFAST**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>BREAKFAST MEAL PRICES</b> K-12 \$ 1.25 Reduced \$ .30 Adult \$ 1.80 Milk \$ .50	12/1 Low Fat Yogurt Whole Grain Muffin Fruit, Milk	12/2 Cinnamon Pancakes Juice Milk	12/3 Whole Grain Cereal Whole Grain Muffin Fruit Milk	12/4 Pancake Pups Juice Milk
12/7 Chicken Biscuit Juice Milk	12/8 Smucker's Grilled Cheese Sandwich Juice Milk	12/9 Cinnamon Pancakes Juice Milk	12/10 Whole Grain Cereal Low Fat Yogurt Juice Milk	12/11 Zoom's Egg, Cheese & Turkey Bacon Stuffed Biscuit Juice Milk
12/14 Pancake Pups Juice Milk	12/15 Whole Grain French Toast Juice Milk	12/16 Whole Grain Cereal Whole Grain Muffin Fruit Milk	12/17 Zoom's Egg, Cheese & Turkey Ham Stuffed Biscuit Juice Milk	12/18 Scrambled Eggs Jenni-O Turkey Sausage Toast or Grits Juice, Milk

**Winter Break:**  
**December 21, 2009 – January 1, 2010**



Whole Grain Cereals, Low Fat Yogurt, Whole Grain Muffins or Bagels will be Offered Daily for Breakfast.

Fresh Fruit or Vegetables and Assorted Juices will be Offered Daily for Breakfast & Lunch.

Low Fat Chef's Salad will be Offered Daily as a Second Lunch Entrée

A choice of 1% or Chocolate Skim Milk is offered daily for Breakfast and Lunch.