



JANUARY

BREAKFAST-IN-THE-CLASSROOM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Cereals, Low Fat Yogurt, Whole Grain Muffins or Bagels will be Offered Daily for Breakfast.</p> <p>Fresh Fruit or Vegetables and Assorted Juices will be Offered Daily for Breakfast & Lunch.</p> <p>Low Fat Chef's Salad will be offered Daily as a Second Lunch Entrée.</p> <p>A choice of 1% White or Chocolate Skim Milk is offered daily for Breakfast and Lunch.</p>			<p><u>BREAKFAST MEAL PRICES</u></p> <p>K-12 \$ 1.25 Reduced \$.30 Adult \$ 1.80 Milk \$.50</p>	<p>1 HAPPY NEW YEAR 2010</p> 
<p>4 <i>Chicken Biscuit</i> <i>Juice</i> <i>Milk</i></p>	<p>5 <i>Smucker's Grilled Cheese Sandwich</i> <i>Juice</i> <i>Milk</i></p>	<p>6 <i>Cinnamon Pancakes</i> <i>Juice</i> <i>Milk</i></p>	<p>7 <i>Whole Grain Cereal</i> <i>Low Fat Yogurt</i> <i>Juice</i> <i>Milk</i></p>	<p>8 <i>Zoom's Egg, Cheese & Turkey Ham Stuffed Biscuit</i> <i>Juice</i> <i>Milk</i></p>
<p>11 <i>Pancake Pups</i> <i>Juice</i> <i>Milk</i></p>	<p>12 <i>Whole Grain French Toast</i> <i>Juice</i> <i>Milk</i></p>	<p>13 <i>Whole Grain Cereal</i> <i>Whole Grain Muffin</i> <i>Fruit</i> <i>Milk</i></p>	<p>14 Teacher Workday No Students</p>	<p>15 Professional Development Day No Students</p>
<p>18 Holiday MLK Jr. Day</p> 	<p>19 <i>Low Fat Yogurt</i> <i>Whole Grain Muffin</i> <i>Fruit</i> <i>Milk</i></p>	<p>20 <i>Whole Grain Cereal</i> <i>Whole Grain Muffin</i> <i>Fruit</i> <i>Milk</i></p>	<p>21 <i>Quaker Oatmeal Bar</i> <i>Juice</i> <i>Milk</i></p>	<p>22 <i>Cinnamon Pancakes</i> <i>Juice</i> <i>Milk</i></p>
<p>25 <i>Zoom's Egg, Cheese & Turkey Bacon Stuffed Biscuit</i> <i>Juice</i> <i>Milk</i></p>	<p>26 <i>Low Fat Yogurt</i> <i>Whole Grain Muffin</i> <i>Fruit</i> <i>Milk</i></p>	<p>27 <i>Cinnamon Pancakes</i> <i>Juice</i> <i>Milk</i></p>	<p>28 <i>Whole Grain Cereal</i> <i>Whole Grain Muffin</i> <i>Fruit</i> <i>Milk</i></p>	<p>29 <i>Pancake Pups</i> <i>Juice</i> <i>Milk</i></p>